



## EFP-Database of experts in the field of Psychomotricity

<b>Topic</b> Special fields	<ul style="list-style-type: none"> <li>• Relaxation – psychomotor therapy</li> <li>• Stressmanagement and body treatment in combination lectures</li> <li>• Posture and basic exercises for sensitivity and strength</li> <li>• Couples body and dialogue</li> </ul>		
First Name	Mai-Britt Juel		
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Educational background	Psychomotor and relaxation education Familie therapist the kempler Institute of scandinavia University degree in Psychology and Danish literature Futher education in couple- dialogue. The Imago methode.		
Professional background	Twenty years general background with psycomotortherapy, in clinic and as coach. 8 years as director of psychomotor therapy school, teacher in eight years at the school. Stressspecialisation, in speeches, workshop, and treatment lecture		
Publication/s	One cd-rom and three cd'es. All three of them with focus on stressreduction Articles in Reviews of psychomotor therapy Working on a book, Title Stress balance, edited in Autum 2006		
Teaching language/s	Danish, English, German		